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**Psychology**

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**Specialization:**

Personality Development & Assessment, Parenting Styles

**Education:**

PhD. (2004). Quaid-i-Azam University, Islamabad, Pakistan

MSc. (1996). The University of Punjab, Lahore, Pakistan

BSc. (1992). The University of Punjab, Lahore, Pakistan

**Experience:**

2021 – to date – Head, NUMS Department of Psychology, National University of Medical Sciences, Rawalpindi

2008-2021 – Head of the Department of Psychology, Preston University, Islamabad

2005-2006 – Department of Behavioral Sciences, Fatima Jinnah Women University, Rawalpindi

2000-2003 – National Institute of Psychology, Quaid-i-Azam University, Islamabad

**Research Interest:**

Neuropsychological Models of Subclinical Personality and Behavioral Problems

**Publications:**

Khansa. Khalid S. & Riaz F. Exploring the Conceptualization of Kindness among Adolescents of Pakistan. *Pertanika Journal of Social Sciences and Humanities*. (In press) (2021).

Zaman S. Irfan S. Khalid S. Khattak A. Health-care Professionals Coping Responses to the COVID-19 Pandemic. *Applied Nursing Research*, 62, (Online First).

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Khalid S. Ashraf S. & Azad S. Adaptation and Validation of Vengeance Scale in Pakistan. *Trends in Psychology*, 29,617-636. DOI. 10.1007/s43076-021-00090-2 (2021).

Ahmed S. Nasreen L. Batool S. & Khalid S. Family Functioning and Psychological Well being: The Mediating Role of Coping strategies during COVID-19 Lockdown in Pakistan. Polish Psychological Bulletin, 52(2), 162-171 (2021).

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Iqbal A. Khalid S. & Batool S. Rumination as Predictor of Anxiety, Depression, Stress and Affect among People with Traumatic Amputation in Pakistan. Pakistan Social Sciences Review, 5(1), 610-620 (2021).

Naz I. Ahmed A. & Khalid S. Mental Health Literacy Scale: Translation and Validation in Pakistani Context. Pakistan Social Sciences Review, 4(2), 722-735 (2020).

Khalid S. Batool S. Ashraf S. & Zaman S. Differential Impact of Mothers' and Fathers' Parenting Style on the Personal Growth of emerging Adults: A Retrospective Investigation. Psychology and Education, 57(9), 7706-7713 (2020).

Zaman S. Khalid S. Irfan S. Khattak A. Nawaz M.T. & Khalid S. Relationship between Paranormal Beliefs and Personality Traits among University Students in Pakistan. PONTE, 75 (7), 137-151 (2020).

Zaman S. Irfan S. Hussain B. Nawaz M.T. & Khalid S. Cross-cultural insights on lived experiences of opioid users among young adults. Drugs and Alcohol Today, 20(2), 85-93. DOI [10.1108/DAT-03-2020-0014](https://doi.org/10.1108/DAT-03-2020-0014) (2020).

Imtiaz M. & Khalid S. Development of a Test of Nonverbal Intelligence for Youth. Bahria Journal of Professional Psychology, 18(1), 11-34 (2019).

Imtiaz M. Khalid S. & Mohsin N. Validation of Test of Nonverbal Intelligence for Pakistani Youth. Pakistan Journal of Education, 35(2), 223-237 (2018).

Iqbal A. Ayaz S. & Khalid S. Development and Validation of Depression Inventory for Amputees in Pakistan. Rawal Medical Journal, 42(3), 326-333 (2017).

Khalid S. Ashraf S. & Ahmed F. Residential Water Conserving Behaviors in Muzaffarabad (AJK): Household Profiles and Dispositional Predictors at Scientific International Conference on Karakoram Resources and Climate Change: Glacier, Water & Ecosystem. J. Appl. Environ. Biol. Sci., 6(2S), 43-51 (2016).

Khalid S. Butt N.M. Ahmad F. & Ahmad F. (A Mixed-Method Study of Attitudes of Social Scientists toward Nanotechnology in Pakistan. J. Appl. Environ. Biol. Sci., 6(2S), 84-95 2016).

Aftab M. Khalid S. & Malik H. Development and Validation of Relapse Risk Scale for Substance Dependents in Pakistan. J. Appl. Environ. Biol. Sci., 6(2S), 52-57 (2016).

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Ashraf S. Khalid S. & Ahmed F. A Study of Emotional Empathy and Delinquency. European Scientific Journal, 10(10), 385-395 (2014).

Khalid S. Ashraf S. & Ahmed F. A Study of Internal Locus of Control and Self-actualization in Pakistan. Preston Journal of Social Science, 3(1), 58-65 (2012).

Minhas A. & Khalid S. Relationship of Family Systems and Emotional Awareness with Delinquency among Adolescent Boys. Preston Journal of Social Science, 3(1), 66-79 (2012).

Khalid S. Ahmed F. & Imdad M. Grand parenting and Adolescent's Personality Development. International Proceedings of Economics Development & Research, 48(31), 143-147 (2012).