

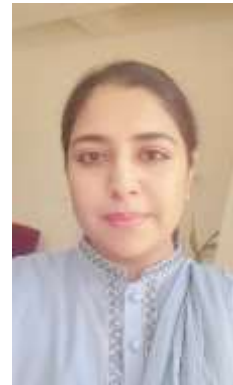
Rukhshanda Majeed

Lecturer

Applied Psychology

Phone No: +923345198715

Email: rukshanda.majeed@numspak.edu.pk



Specialization:

Positive Psychology, Research Methods and Psychometrics

Education:

-M.Phil. (2022). Psychology. Quaid-i-Azam Univeristy, Islambad, Pakistan

-BS Honors. (2017). Behavioral Sciences. Fatima Jinnah Women Univeristy Rawalpindi, Pakistan

Experience:

2023 – to date- Department of Psychology, National Univeristy of Medical Sciences, Rawalpindi

2022 -2023- Fatima Jinnah Women University, Rawalpindi

2022 – 2023- Psychologist at Counselling and Wellness Centre Fatima Jinnah Women Univeristy

2023 – Foundation Univeristy Rawalpindi

2015 - Armed Forces Institute of Mental Health (AFIMH) Rawalpindi

Research Interest:

Industrial and Organizational Psychology, Positive Psychology and Psychometrics

Publication:

Majeed, R., & Kamal, A. (2023). Impact of Gratitude and Kindness on Self-Esteem, Subjective Well-Being and Family Relationships among University Students. *Human Nature Journal of Social Sciences*, 4(1), 102–120.