

Résumé



Prof. Dr. Muhammad Rizwan

Professor (Clinical Psychology), NUMS, Rawalpindi,

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SPECIALIZATION

Clinical Psychology

EDUCATION

Post Doctorate

Department of Health Sciences and Health Policy,
University of Luzern, Switzerland. (2015)
(Under Swiss Government Excellence)

PhD

(Clinical Psychology)

Institute of Clinical Psychology,
University of Karachi, Pakistan (2010)

Post-Magisterial Diploma

(Clinical Psychology)

Institute of Clinical Psychology
University of Karachi (2004)

MSc.

(Hons.)

Department of Psychology,
University of Sindh, Jamshoro (2000)

BSc.

(Hons.)

Department of Psychology,
University of Sindh, Jamshoro (1999)

RESEARCH INTEREST

Suicidality; Psychotherapy Interventions; Psychometric; Countering Violent extremism; Cross-Cultural Research

INTERNATIONAL CONTRIBUTION

As a member of project committee, I have served in the development of “**the ITC Guidelines on Practitioner Use of Test Revisions, Obsolete Tests, and Test Disposal** (March 2, 2015)” as a representative of Pakistan. This document is useful for the psychologist, educationists, and other mental health professionals. It can be freely accessed by clicking on the link <http://www.intestcom.org/page/27>

JOB EXPERIENCES

1. 12 June 2024 - to date **Professor (Clinical Psychology)**
National University of Medical Sciences, Rawalpindi
2. 19 Feb 2021 to 11 Jun 2024 **Associate Professor (TTS)**
Department of Psychology
University of Haripur, KPK
3. 1 Jan 2017 to 18 Feb 2021 **Director of Research and Assessment**
The Delve Pvt Ltd, Islamabad.
4. 3 Apr 2006 to 31 Dec 2016 **Clinical Psychologist**
Institute of Clinical Psychology, University of Karachi

PUBLISHED PAPERS

1. Khan, A., Gul, A., & **Rizwan, M.** (2024). Prevalence of Social Anxiety Disorder in Undergraduate Students of Hazara Division, Pakistan. *Global Sociological Review*, IX(IV), 31-39. [https://doi.org/10.31703/gsr.2024\(IXIV\).03](https://doi.org/10.31703/gsr.2024(IXIV).03)
2. Malik, M., and **Rizwan, M.** (2024). Impact of Emotional Intelligence on Interpersonal Tolerance among University students in Pakistan. *Al-Bahis Journal of Islamic Sciences Research*, 1(2),107-114 Retrieved from <https://brjisr.com/index.php/brjisr/article/view/14>

3. Li, L. M. W., Lun, V. M. C.,... **Rizwan, M.**, ... & Krys, K. (2024). The role of cultural heterogeneity in strengthening the link between family relationships and life satisfaction in 50 societies. *Journal of Happiness Studies*, 25(6), 76. (IF=4.750)
4. Kirkland, K., Van Lange, P. A., Gorenz, D.,...**Rizwan, M.**, ... & Bastian, B. (June 2024).High economic inequality is linked to greater moralization. *PNAS Nexus*, pgae221. <https://doi.org/10.1093/pnasnexus/pgae221> (IF=2.2)
5. Groyecka-Bernard, A., Sorokowski, P., **Rizwan, M.**, ... & Sorokowska, A. (2024). Conservatism Negatively Predicts Creativity: A Study Across 28 Countries. *Journal of Cross-Cultural Psychology*, 55(4), 368-385. <https://doi.org/10.1177/00220221241238321> (IF=2.57)
6. Butovskaya, M. L., Rostovstseva, V. V., Mezentseva, ..., **Rizwan, M.**, Shi, Y., ... & Davletshin, A. (11 March 2024). Cross-cultural perception of strength, attractiveness, aggressiveness and helpfulness of Maasai male faces calibrated to handgrip strength. *Scientific Reports*, 14(1), 5880. <https://doi.org/10.1038/s41598-024-56607-z> (IF=5.516)
7. Krys, K., Kostoula, O., ...**Rizwan, M.**, ... & Uchida, Y. (13 February 2024). Happiness maximization is a WEIRD way of living. *Perspectives on Psychological Science*. <https://doi.org/10.1177/174569162312083>. (IF=12.6)
8. Croy, I., Heller, C., Akello, G., ,...**Rizwan, M.**,, ... & Sorokowska, A. (2024). COVID-19 and social distancing: A cross-cultural study of interpersonal distance preferences and touchbehaviors before and during the pandemic. *Cross-cultural research*, 58(1), 41-69. <https://doi.org/10.1177/10693971231174935> (IF=2.5)
9. **Rizwan, M.**, Shah, I., & Siddiqui, R. S. (6 November 2023). Religious (Salat) Behavior and Suicidality among Youth in Pakistan. *Progressive Research Journal of Arts & Humanities (PRJAH)*, 5(2), 69-80. <https://doi.org/10.51872/prjah.vol5.Iss2.278>
10. Sun, R., Balabanova, A., Bajada,...**Rizwan, M.**,... & Sauter, D. (March 2024). Emotional experiences and psychological well-being in 51 countries during the COVID-19 pandemic. *Emotion*, 24(2), 397–411. <https://doi.org/10.1037/emo0001235> (IF= 4.5)
11. Sánchez-Rodríguez, Á., Vignoles, V. L., ,...**Rizwan, M.**, ... & Zelenski, J. M. (27 Apr 2023). Self-construals predict personal life satisfaction with different strengths across societal contexts differing in national wealth and religious heritage. *Self and Identity*, 22(5),689-712. <https://doi.org/10.1080/15298868.2023.2202413> (IF=2.412)
12. Sánchez-Rodríguez, Á., Uskul, A. K., ,...**Rizwan, M.**, ... & Zelenski, J. M. (15 April2023). Unpackaging the link between economic inequality and self-construal. *Self andIdentity*, 22(5), 713-739. <https://doi.org/10.1080/15298868.2023.2200032> (IF=2.412)
13. Rashid, H., & **Rizwan, M.** (31 March 2023). Prevalence of Psychiatric Morbidity AmongVictims of Terrorist Attacks: Comparative Study. *Journal of Management Practices, Humanities and Social Sciences*, 7(2), 40-48. <https://doi.org/10.33152/jmphss-7.2.5>
14. Krys, K., Chun Yeung, J., ,...**Rizwan, M.**, ... & Uchida, Y. (22 March 2023). Family First: Evidence of Consistency and Variation in the Value of Family Versus Personal Happiness Across 49 Different Cultures. *Journal of Cross-Cultural Psychology*, 54(3), 323-339. <https://doi.org/10.1177/0022022122113> (IF=2.57)
15. Sorokowski, P., Kowal, M.,...**Rizwan, M.**,...Moya-Garófano, A. (14 Jan 2023). Modernization, collectivism, and gender equality predict love experiences in 45 countries.*Scientific Reports*, 13(1), 773. DOI: 10.1038/s41598-022-26663-4 (IF=5)
16. Krys, K., ,...**Rizwan, M.**,... & Bond, M. H. (26 Dec 2022). Introduction to a Culturally Sensitive Measure of Well-Being: Combining Life Satisfaction and Interdependent Happiness Across 49 Different Cultures. *Journal of Happiness Studies*, 24(2), 607-627. <https://doi.org/10.1007/s10902-022-00588-1> (IF=4.750)
17. Kirkland, K., Van Lange, P.A.M.,...**Rizwan, M.**,... & Bastian, B. (21 Dec 2022). Social mindfulness predicts concern for nature and immigrants across 36 nations. *Scientific Reports*, 12(1), 22102 <https://doi.org/10.1038/s41598-022-25538-y> (IF=4.380)
18. Tanjitpiyanond, P., Jetten, J., Peters, K.,... **Rizwan. M.**,...Wibisono, S., & Yeung, V. W. (8 Nov 2022). 32-society investigation of the influence of perceived economic inequality on social class stereotyping. *European Journal of Social Psychology*. <https://doi.org/10.1002/ejsp.2908> (IF=3.930)
19. Hornsey, M.J., Pearson, S., Kang, J., ...**Rizwan, M.**....Victoria Wai Lan Yeung, V.W.L., Bastian, B. (18 Oct, 2022). Multinational data show that conspiracy beliefs are associated with the perception (and reality) of poor national economic performance. *European Journal of Social Psychology*, 1-12. DOI: 10.1002/ejsp.2888 (IF= 3.930)

20. Pick, C. M., Ko, A., Kenrick, D. T., ... Rizwan, M., ... Zambrano, D., & Varnum, M. E. W. (5 Oct, 2022). Family still matters: Human social motivation across 42 countries during a global pandemic. *Evolution and Human Behavior*, 43(6), 527-535.
<https://doi.org/10.1016/j.evolhumbehav.2022.09.003> (IF=5.327)
21. Pick, C. M., Ko, A., Kenrick, D. T., ... Rizwan, M., ... Wei, L., Zambrano, D., & Varnum, M. E. W. (16 August 2022). Fundamental social motives measured across forty-two cultures in two waves. *Scientific Data* 9(1), 499. doi: 10.1038/s41597-022-01579-w (IF=8.5)
22. Kirkland, K., Crimston, C. R., Jetten, J., ... **Rizwan, M.**, ... & Bastian, B. (4 July 2022). Moral expansiveness around the world: The role of societal factors across 36 countries. *Social Psychological and Personality Science*. doi.org/10.1177/19485506221101767. (IF= 5.316)
23. Dejonckheere, E., Rhee, J. J., Baguma, P. K., ... **Rizwan, M.**, ... Kuppens, P., & Bastian, B. (2022). Perceiving societal pressure to be happy is linked to poor well-being, especially in happy nations. *Science Report* 12. 1514. doi.org/10.1038/s41598-021-04262-z (IF= 4.996)
24. Burkova, V. N., Butovskaya, M. L., Randall, ... **Rizwan, M.**,... & Zinurova, R. I. (19 May 2022). Factors Associated With Highest Symptoms of Anxiety During COVID-19: Cross-Cultural Study of 23 Countries. *Frontiers in Psychology* 13 :805586. doi: 10.3389/fpsyg.2022.805586 (IF= 2.067)
25. Walter, K. V., Conroy-Beam, D., Buss, D. M., ... **Rizwan, M.**, ... & Zupančič, M. (2021). Sex differences in human mate preferences vary across sex ratios. *Proceedings of the Royal Society B*, 288, 20211115. doi.org/10.1098/rspb.2021.1115 (IF=5.349)
26. Butovskaya, M. L., Burkova, V. N., Randall, A. K., ... **Rizwan, M.**, ... Yusof, M. R., & Zinurova, R. I. (2021). Cross-Cultural Perspectives on the Role of Empathy during COVID-19's First Wave. *Sustainability* 13. <https://doi.org/10.3390/su13074017> (IF=2.798)
27. Krys, K., Yeung, J.C., Capaldi, C. A.,.....**Rizwan, M.**,.....Sun, C., Xing, C., & Vignoles, V. L., (2021). Societal emotional environments and cross-cultural differences in life satisfaction: A forty-nine country study. *The Journal of Positive Psychology* 17(1), 117-130
<https://doi.org/10.1080/17439760.2020.1858332> (IF= 3.819)
28. Burkova, V. N., Butovskaya, M. L., Randall, A. K.,.....**Rizwan, M.**,..... Yusof, M. R., & Zinurova, R. I. (2021). Predictors of Anxiety in the COVID-19 Pandemic from a Global Perspective: Data from 23 Countries. *Sustainability* 13. <https://doi.org/10.3390/su13074017> (IF=2.798)
29. Sorokowska, A., Saluja, S., Sorokowski, P.,**Rizwan, M.**,..... Zupančič, M., & Croy, I. (2021). Affective Interpersonal Touch in Close Relationships: A Cross-Cultural Perspective. *Personality and Social Psychology Bulletin* <https://doi.org/10.1177/0146167220988373> (IF=2.961)
30. Krys, K., Park, J., Kocimska-Zych, A.,...**Rizwan, M.**,... Akotia, C.S., & Adamovic, M. (1 Oct, 2020). Personal life satisfaction as a measure of societal happiness is an individualistic presumption: Evidence from fifty countries. *Journal of Happiness Studies*, 22(5), 2197-2214.
<https://doi.org/10.1007/s10902-020-00311-y> (IF= 2.344)
31. Gardiner, G., Lee, D., Baranski, E., Funder, D.,.....**Rizwan, M.**,....., Members of the International Situations Project. (2020). Happiness around the world: A combined etic-emic approach across 63 countries. *PLOS ONE*, 15(12). e0242718. <https://doi.org/10.1371/journal.pone.0242718> (IF=2.740)
32. Dobrowolska, M., Groyecka-Bernard, A., Sorokowski, P.,.....**Rizwan, M.**,..... Yoo, G., & Sorokowska, A. (23 October 2020). Global Perspective on Marital Satisfaction. *Sustainability*, 12(21), 8817; doi:10.3390/su12218817 (IF=2.798)
33. Sorokowski, P., Sorokowska, A., Karwowski, M., ...**Rizwan, M.**,... Zupančič & Sternberg, R.J. (12 Aug 2020). Universality of the Triangular Theory of Love: Adaptation and Psychometric Properties of the Triangular Love Scale in 25 Countries. *The Journal of Sex Research*, 58(1), 106-115
<https://doi.org/10.1080/00224499.2020.1787318> (IF= 3.683)
34. Kowal, M., Sorokowski, P., Sorokowska, A., ...**Rizwan, M.**,... Zadeh, Z. F., Zupancic, M. (30 April 2020). Reasons for Facebook Usage: Data From 46 Countries. *Frontiers in Psychology*, 11. doi: 10.3389/fpsyg.2020.00711. (IF= 2.067)
35. Baranski, E., ...**Rizwan, M.**,... Funder, D. (7 Aug 2020). International optimism: Correlates and consequences of dispositional optimism across 61 countries. *Journal of Personality*, 89(2), 288-304.
<https://doi.org/10.1111/jopy.12582> (IF= 3.667)
36. Walter, K. V., Conroy-Beam, D., Buss, D. M.,...**Rizwan, M.**, ... Zupancic, M. (March 20, 2020). Sex Differences in Mate Preferences Across 45 Countries: A Large-Scale Replication. *Psychological Science*, 31(4), 408–423. DOI: 10.1177/0956797620904154 (IF= 4.902)

37. Conroy-Beam, D., Buss, D. M., Asao, K., Sorokowska, A., ... **Rizwan, M.**, ...Zupančič, M. (15 Nov 2019). Contrasting Computational Models of Mate Preference Integration Across 45 Countries. Science Report: *Nature Research*, 9, <https://doi.org/10.1038/s41598-019-52748-8> (IF= 4.011)
38. Ko, A., Pick, C.M., Kwon, J. Y., ...**Rizwan, M.**, ... Douglas T. Kenrick, D. T. (3 Dec 2019). Family Matters: Rethinking the Psychology of Human Social Motivation. *Perspectives on Psychological Science*, 15(1), 173-201. DOI: 10.1177/1745691619872986 (IF= 8.19)
39. Krys, K., Zelenski, J. M., Capaldi, A. C., Park, J **Rizwan, M.**,..... Uchida, Y. (29 April 2019). Putting the “We” Into Well-being: Using Collectivism-Themed Measures of Well-Being Attenuates Well-being’s Association With Individualism. *Asian Journal of Social Psychology*, 22(3), 256-267. DOI: 10.1111/ajsp.12364 (IF= 1.07)
40. Conroy-Beam, D., Roney, J.R., Lukaszewski, A. W., Buss, D.M., Asao, K., Sorokowska, A., .**Rizwan, M.**,..... Zupančič, M. (1 Sep 2019). Assortative mating and the evolution of desirability covariation. *Evolution and Human Behavior*, 40(5), 479-491. <https://doi.org/10.1016/j.evolhumbehav.2019.06.003> (IF=2.96)
41. **Rizwan, M.**, Siddiqui, R. S., & Ali. (31 Aug 2017). Suicide Risk Potential: A Comparison of Psychiatric Patients and Normal Controls in Pakistan. *Psychol Behav Sci Int J.* 6(2): 555685. DOI: 10.19080/PBSIJ.2017.06.555685. (IF=0.89)
42. **Rizwan, M.**, Malik, S., Malik, J. N., & Siddiqui, S. R. (18 Aug 2017) Urdu Rosenberg Self-Esteem Scale: An Analysis of Reliability and Validity in Pakistan. *Sociology International Journal*, 1(2): 00010. DOI: 10.15406/sij.2017.01.00010
43. Eriksson, K., Strimling, P., Andersson, P. A., Aveyard, M., Brauer, M.,..... **Rizwan, M.**,..... Yamagishi, M. (10 Nov 2017). Cultural Universals and Cultural Differences in Meta-Norms about Peer Punishment. *Management and Organization Review*, 13(4), 851-870. doi: [10.1017/mor.2017.42](https://doi.org/10.1017/mor.2017.42) (IF= 1.655)
44. Sorokowski, P.,**Rizwan, M.**,....Sorokowska, A. (21 Jul 2017). Marital Satisfaction, Sex, Age, Marriage Duration, Religion, Number of Children, Economic Status, Education, and Collectivistic Values: Data from 33 Countries. *Front. Psychol.*, 21(8), 1199. <https://doi.org/10.3389/fpsyg.2017.01199> (IF= 2.323)
45. Smith, P., Easterbrook, N. J., Blount, J., Koc, Y., Harb, C., Torres, C., ..**Rizwan, M.** (April 2017). Culture as perceived context: An exploration of the distinction between dignity, face and honor cultures. *Acta de Investigación Psicológica*, 7(1), 2568-2576. DOI: 10.1016/j.aippr.2017.03.001 (IF= 0.1864)
46. Krys, K.,**Rizwan, M.**,Ahmed, R. A.(14 March 2017). Catching up with wonderful women: The women-are-wonderful effect is smaller in more gender egalitarian societies. *International Journal of Psychology*, 53(Sup1), 21-26. DOI: 10.1002/ijop.12420 (IF=1.778)
47. Sorokowski, P.,**Rizwan, M.**,... Pierce, J. D. (22 March 2017). Preferred Interpersonal Distances: A Global Comparison. *Journal of Cross-Cultural Psychology*, 48(4) 577–592. DOI: 10.1177/0022022117698039 (IF= 1.929)
48. Joshanloo, M., **Rizwan, M.**, Khilji, I. A., Ferreira, M. C., Poon, W.C., Sundaram, S., et al (November 2016). Conceptions of happiness and life satisfaction: An exploratory study in 14 national groups. *Personality and Individual Differences*, 102, 145-148. <https://doi.org/10.1016/j.paid.2016.06.065> (IF=2.005)
49. Hilpert, P., Randall, A. K., Sorokowski, P., Atkins, D. C., Sorokowska, A.,..... **Rizwan, M.**..... and Yoo, G. (8 Aug 2016). The Associations of Dyadic Coping and Relationship Satisfaction Vary between and within Nations: A 35-Nation Study. *Front. Psychol.* 7:1106. doi: 10.3389/fpsyg.2016.01106 (IF=2.13)
50. Smith, P.,**Rizwan, M.** (July 2016). Nation-level moderators of the extent to which self-efficacy and relationship harmony predict students’ depression and life satisfaction: Evidence from ten cultures. *Journal of Cross-Cultural Psychology*, 47(6), 818-834. DOI: 10.1177/0022022116648210 (IF= 1.929)
51. Krys, K.,**Rizwan, M.**,Antalíková, R.(30 Dec 2015). To Smile or Not to Smile –A Description of Cultural Variation of Smiling Perceptions across 43 Cultures. *Journal of Nonverbal Behavior*, 40, 101-116. DOI 10.1007/s10919-015-0226-4 (IF=1. 974)
52. Smith, P. B., Easterbrook, M. J., Celikkol, G.C., Chen, S. X., Ping, H., & **Rizwan, M.** (28 Dec 2015). Cultural Variations in the Relationship Between Anger Coping Styles, Depression, and Life Satisfaction. *Journal of Cross-Cultural Psychology*. 47(3), 441-456. DOI:

10.1177/0022022115620488 (IF= 1.929)

53. **Rizwan, M.**, & Ahmed, R. (15 Apr 2015). Self-esteem deficits among psychiatric patients. *SAGE Open*, 5(2), 1-6. DOI: 10.1177/21582440155816491-6. (IF= 0.715)
54. Joshanloo, M.,.....**Rizwan, M.**..... Natalia, A. (20 Jul 2014). Fragility of Happiness Beliefs Across 15 National Groups. *Journal of Happiness Studies*, 16, 1185-1210. DOI 10.1007/s10902-014-9553-0 (IF=1.683)
55. Joshanloo, M.,.....**Rizwan, M.**.....Jiang, D. (3 Oct 2013). Cross-Cultural Validation of Fear of Happiness Scale Across 14 National Groups. *Journal of Cross-Cultural Psychology*, 45(2), 246-264. DOI: 10.1177/0022022113505357 (IF= 1.929)
56. **Rizwan, M.**, Aftab, S., Shah, I., & Dharwarwala, R. (2012). Psychometric Properties Of the Rosenberg Self-Esteem Scale in Pakistani Late Adolescents. *The International Journal of Educational and Psychological Assessment*, 10(1), 125-138. <https://psycnet.apa.org/record/2013-27691-008>
57. Oakland, T., **Rizwan, M.**, Aftab, S., & Callueng, C. (22 Aug 2011). Temperament styles of children from Pakistan and the United states. *School Psychology International*. 33(2), 207-222. DOI: 10.1177/0143034311420358 (IF=1.447)
58. **Rizwan, M.**, & Ahmed, R. (2010). Self-esteem as a predictor of suicide among psychiatric patients. *The Journal of Alternative Perspectives in the Social Sciences*, 2(2), 577-592.
59. **Rizwan, M.**, & Syed, N. (2010).Urdu Translation and Psychometric Properties of Social Provision Scale. *The International Journal of Educational and Psychological Assessment*, 4, 33-47.
60. **Rizwan, M.**, & Aftab, S. (2009). Psychometric Properties of the Multidimensional Scale of Perceived Social Support in Pakistani Young Adults. *Pakistan Journal of Psychology*, 40(1), 51-65.
61. Khanam, S. J., **Rizwan, M.**, & Bilal, K. (2008). Self Esteem and Psychopathological Symptomatology: A Correlational Study. *Pakistan Journal of Clinical Psychology*, 7(1), 43-54.
62. Ahmed, R., Aftab, S., & **Rizwan, M.** (2007). Subjective Well-Being and Depression: A correlational Study. *Pakistan Journal of Clinical Psychology*, 6, (1 & 2), 63-76.
63. Riaz, Z., Bilal, K., & **Rizwan, M.** (2007). Self-esteem as Predictor of Aggression. *Pakistan Journal of Psychology*, 38(1), 71-81.
64. **Rizwan, M.**, & Zaidi, U. (2006). Gender Differences in Self-esteem. *Pakistan Journal of Clinical Psychology*, 5(1-2), 121-129.
65. Munaf, S., **Rizwan, M.**, & Aftab, S. (2006). Level of Schizophrenic thinking in Adults and their Visual-Motor Performance. *Journal of Basic and Applied Sciences*, 2(1), 33-36.
66. Ahmad, R, Khanam, S. J., Iqbal. S., & **Rizwan, M.** (2005). Schizophrenic Thinking in Immigrant Students. *Pakistan Journal of Psychology*, 36(1), 67-74.
67. Ahmad, R, Khanam, S. J., & **Rizwan, M.** (2005). Handedness and Performance on the Measures of Visual Motor Perception and Academic Achievement. *Pakistan Journal of Psychology*, 36(2), 23-34.

ATTENDED NATIONAL / INTERNATIONAL TRAININGS

1. 10 October to 11 November 2022. **24th National Security Workshop (NSW-24) "Looking Beyond Perceptions"**. National Defense University, Islamabad.
2. July 22, 2015. **The 13th European Conference on Psychological Assessment. Introduction to Modern Multi-trait Multimethod Analysis - How to Examine the Convergent and Discriminant Validity of Psychological Measures**. The University of Zurich, Switzerland.
3. 25-27 June, 2015 “**IRT, CAT and testing in online environment using concerto**” Webster Vienna Private University, Austria in collaboration with The Psychometric Centre, University of Cambridge, UK.
4. 2014. 3CH Course on “**Academic writing Skills**” under Graduate School of Humanities and Social Sciences, University of Luzern, Switzerland.
5. 2014. 3CH Course on “**Applied Statistics Seminar (PhD)**” under Graduate School of Humanities and Social Sciences, University of Luzern, Switzerland
6. 10-14 September, 2012. **EAPA summer school “Internal structure analysis for validation of psychological assessment instruments: Item Response Theory (IRT) and Confirmatory Factor Analysis”** at the faculty of psychology and educational sciences, Ghent University, Belgium, the European Association of Psychological assessment.