

## FOUNDATION MODULE

### 1<sup>ST</sup> YR MBBS & BDS (41<sup>ST</sup> MBBS & 19<sup>TH</sup> BDS COURSE)

#### WEEK-1

Day / Time	0730-0930	0930-1000	1010-1100	1100-1150	1200 – 1245	1245-1315	1315-1405	1410-1500	1600-1700	2000 onwards		
<b>MONDAY</b> 5 DEC 2016	<b>DRILL</b>	<b>BREAK</b>	Welcome address and Introduction to the Army Medical Corps Vice Principal Maj Gen Salahuddin Qasim	History of AM College & achievements Maj Gen Saleem Ahmad Khan, HoD Pathology	Learning Styles Col Khadija Qamar	<b>BREAK &amp; PRAYER</b>	Discipline & Turn Out Bn Comd - Lt Col Atique Nawaz	Customs of Service Adjutant – Maj Ali Zeb	<b>GAMES</b>			
<b>TUESDAY</b> 6 DEC 2016			Anatomy : Introducing Faculty, Dept, and its Role Col Khadija Qamar	Time management Lt Col M Alamgir Khan	Behavioural Science – Welcome aboard Brig Mowadat Rana (Retd) Prof of Psychiatry		Motivational talk Assoc Dean Student affairs Brig Attia Sawar	Attribution Col Khadija Qamar		Welcome Dinner by AAA		
<b>WEDNESDAY</b> 7 DEC 2016			Physio: Introducing Faculty, Dept, and its Role Lt Col Umbreen Ahmed	Communication Skills Brig Mowadat Rana (Retd) Prof of Psychiatry	<b>1200-1220</b>	<b>1225-1500</b>		<b>BREAK</b>		Whole class will be divided in to 06 groups and each group will be subdivided in to 8 batches. Responsibility: Term Commander		
<b>THURSDAY</b> 8 DEC 2016			Bio: Introducing Faculty, Dept, and its Role Lt Col Amir Rasheed	Introduction to Islamiat & Pak Studies Lt Col M Adnan								
<b>FRIDAY</b> 9 DEC 2016	<b>0800-0855</b>	<b>0900—0955</b>	<b>1000 – 1030</b>	<b>1030 – 1300</b>		<b>1300 – 1500</b>				Dinner Night in Coy		
	Career Planning Prof Mujtaba Qadri - NUMS	Esprit de Corps Brig Zafar Iqbal, Med Dte	<b>BREAK</b>	Introduction to Amcolian Societies and Talent hunt Dir Amcolian Societies- Brig Attia Sawar		<b>OFF</b>						

<b>1225 – 1500 HRS</b>						
DAY	GENERAL ORIENTATION VISIT TO AFIMH, MH , AFIRI, AFIO, AFIC Coordinator: Maj Mujahid Mehsud	GENERAL ORIENTATION VISIT TO AFID, CMH, AFIP, AFPGMI AFMBTC Coordinator: Maj Mudassar Noor	Divide in 08 batches and join 8 batches of 3rd year and go to Hospital	Divide in 08 batches and join 8 batches of 4th year and go to Hospital	Interview with the Principal's Panel	General Orientation of College Campus
<b>WEDNESDAY</b> 7 DEC 16	Group-1	Group-6	Group-5	Group-4	Group-3	Group-2
<b>THURSDAY</b> 8 DEC 16	Group-2	Group-1	Group-6	Group-5	Group-4	Group-3

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### 1<sup>ST</sup> YR MBBS & BDS (41<sup>ST</sup> MBBS & 19<sup>TH</sup> BDS COURSE)

#### WEEK-2

Day / Time	0730-0930	0930 – 1000	1000-1050	1100-1150	1150-1225	1225-1500	1600-1700	2000 onwards
<b>MONDAY</b> 12 DEC 2016	<b>12 RABBI – UL – AWWAL LEAVE</b>							
<b>TUESDAY</b> 13 DEC 2016	<b>DRILL</b>	<b>BREAK</b>	<b>Adult learning</b> Brig Irfan Shukr, SI (M)	<b>Medical Research</b> Maj Fawad Mashhadi	<b>BREAK</b>	Whole class will be divided in to 06 groups and each group will be subdivided in to 8 batches. Responsibility: Term Commander	<b>GAMES</b>	
<b>WEDNESDAY</b> 14 DEC 2016			<b>Problems of Professionalism</b> Brig Irfan Shukr,SI (M)					
<b>THURSDAY</b> 15 DEC 2016			<b>Public Health Issues</b> Col (R) Naseer Alam Tariq	<b>Evidence Based Medicine</b> Col Khadija Qamar				Dinner by the Pricipal
<b>FRIDAY</b> 16 DEC 2016	<b>0800- 0855</b>	<b>0900-0955</b>	<b>1000 – 1250</b>			<b>1300 – 1500</b>		
	<b>PM&amp;DC, NUMS Rules &amp; Reg Code of Conduct</b> Lt Col Amir Rashid	<b>Overview of Modules, Yearly Forecast</b> Brig Irfan Shukr SI(M)	<b>White Coat Ceremony</b> followed by address by the Principal and interaction during tea break			<b>OFF</b>		

<b>1225 – 1500 HRS</b>						
DAY	GENERAL ORIENTATION VISIT TO AFIMH, MH , AFIRI, AFIO, AFIC Coordinator: Maj Mujahid Mehsud	GENERAL ORIENTATION VISIT TO AFID, CMH, AFIP, AFIGMI AFMBTC Coordinator: Maj Mudassar Noor	Divide in 08 batches and join 8 batches of 3rd year and go to Hospital	Divide in 08 batches and join 8 batches of 4th year and go to Hospital	Interview with Principal's Panel	General Orientation of College Campus
<b>MONDAY</b> 12 DEC 2016	Group-3	Group-2	Group-1	Group-6	Group-5	Group-4
<b>TUESDAY</b> 13 DEC 2016	Group-4	Group-3	Group-2	Group-1	Group-6	Group-5
<b>WEDNESDAY</b> 14 DEC 2016	Group-5	Group-4	Group-3	Group-2	Group-1	Group-6
<b>THURSDAY</b> 15 DEC 2016	Group-6	Group-5	Group-4	Group-3	Group-2	Group-1