

TRG PROGRAMME 1ST YEAR MBBS CLASS (41ST MBBS COURSE) MODULE – 1

VENUE: LECTURE HALL NO 2

WEEK – 1

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500
MONDAY 19-12-2016	Class Drill	Break	Anatomy Demonstration/ Dissection Introduction of upper limb Lt Col Marghoob Khan	Biochemistry-1 Biomolecules Maj Syed Zubair Hussain Shah	Physiology-1 Homeostasis I Maj Yasir Farooq	Prayer Break	Practical Anat/Physio/ Biochem/Lib & Cptr
TUESDAY 20-12-2016	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Clavicle (All Staff)	General Anatomy Introduction To Anatomical Terms Lt Col M Marghoob Khan	Physiology-2 Homeostasis II Maj Yasir Farooq		Practical Anat/Physio/ Biochem/Lib & Cptr
WEDNESDAY 21-12-2016	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Scapula (All Staff)	Biochemistry -2 Cytology Dr Asifa Majeed	Physiology-3 Cell Membrane Maj Shoaib Bin Aleem		Practical Anat/Physio/ Biochem/Lib&Cptr
THURSDAY 22-12-2016	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Epithelium I Col Khadija Qamar	Physiology-4 Cell Organelle Maj Shoaib Bin Aleem		Practical Anat/Physio/ Biochem/Lib & Cptr
FRIDAY 23-12-2016	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1300	1300-1500
	Pak Studies	Physiology-5 Nucleus/ Genetic control of cell function Maj Shoaib Bin Aleem	General Embryology Mitosis & Meiosis Maj M Rizwan Bashir Kiani	Break	Biochemistry -3 Cell Organelles I Lt Col Sarah Sadiq	Cadet Affairs	Lunch/ Prayer Break

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WEEK –2

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500
MONDAY 26-12-2016	Class Drill	Break	Anatomy Demonstration Pectoral region (All Staff)	Biochemistry–1 Cell Organelles II Lt Col Sarah Sadiq	Physiology-1 Genetic control of cell function - II Maj Shoaib Bin Aleem	Prayer Break	Practical Anat/Physio/ Biochem/Library &Cptr
TUESDAY 27-12-2016	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration Axilla (All Staff)	General Anatomy Anatomical Position & Directional Terms Lt Col M Marghoob Khan	Physiology-2 Cytoskeleton / Cell locomotion Maj Shoaib Bin Aleem		Practical Anat/Physio/ Biochem/Lib &Cptr
WEDNESDAY 28-12-2016	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Breast (All Staff)	Biochemistry -2 Role of cell Organelles in metabolism Lt Col Sarah Sadiq	Physiology-3 Composition & functions of blood plasma proteins Lt Col Umbreen Ahmed		Practical Anat/Physio/ Biochem/Lib &Cptr
THURSDAY 29-12-2016	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Epithelium II Col Khadija Qamar	Physiology-4 Bone marrow Lt Col Umbreen Ahmed		Practical Anat/Physio/ Biochem/Lib &Cptr

	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1225	1230-1300	1300-1500
FRIDAY 30-12-2016	Pak Studies	Physiology-5 RBC Lt Col Umbreen Ahmed	General Embryology Gametogenesis I Maj Rizwan Bashir	Break	Biochemistry -3 Cell membrane Lt Col Sarah Sadiq	Rehabilitation Medicine Introduction to brachial plexus injuries	Cadet Affairs	Lunch/ Prayer Break

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WEEK –3

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500
MONDAY 02-01-2017	Class Drill	Break	Anatomy Demonstration Humerus (All Staff)	Biochemistry–1 Chemistry of signals and receptors Dr Asifa Majeed	Physiology-1 Regulation of erythropoiesis Lt Col Umbreen Ahmed	Prayer Break	Practical Anat/Physio/ Biochem/Library & Cptr
TUESDAY 03-01-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration Shoulder joint (All Staff)	General Anatomy General Anatomy of Bone Lt Col M Marghoob Khan	Physiology-2 Haemoglobin / Fate of RBC Lt Col Umbreen Ahmed		Practical Anat/Physio/ Biochem/Lib & Cptr
WEDNESDAY 04-01-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration Arm (All Staff)	Biochemistry -2 Tutorial Cell Capt Naeema Ahmed	Physiology-3 Anaemia Lt Col Umbreen Ahmed		Practical Anat/Physio/ Biochem/Lib & Cptr
THURSDAY 05-01-2017	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Connective Tissue Col Khadija Qamar	Physiology-4 Polycythemia Lt Col Umbreen Ahmed		Practical Anat/Physio/ Biochem/Lib & Cptr

	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1225	1230-1300	1300-1500
FRIDAY 06-01-2017	Pak Studies	Physiology-5 Hemostasis-I Lt Col Umbreen Ahmed	General Embryology Fertilization Maj Rizwan Bashir	Break	Biochemistry -3 Nucleotide-I Dr Asifa Majeed	Surgery Introduction to the concept of fracture and dislocation	Cadet Affairs	Lunch/ Prayer Break

WINTER VACATION 07 JAN – 15 JAN 2017

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VENUE: LECTURE HALL NO 2

WEEK – 4

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500
MONDAY 16-01-2017	Class Drill	Break	Anatomy Demonstration Radius (All Staff)	Biochemistry-1 Nucleotide-II Dr Asifa Majeed	Physiology-1 Hemostasis-II Lt Col Umbreen Ahmed	Prayer Break	Practical Anat/Physio/ Biochem/Library & Cptr
TUESDAY 17-01-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration Ulna (All Staff)	General Anatomy General Anatomy of Blood & Bone Marrow Lt Col M Marghoob Khan	Physiology-2 Anticlotting Mechanisms Lt Col Umbreen Ahmed		Practical Anat/Physio/ Biochem/Lib & Cptr
WEDNESDAY 18-01-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Dissection (All Staff)	Biochemistry -2 Tutorial Nucleotides Capt Naeema Ahmed	Physiology-3 Bleeding disorders Lt Col Umbreen Ahmed		Practical Anat/Physio/ Biochem/Lib & Cptr
THURSDAY 19-01-2017	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Connective tissue Col Khadija Qamar	Physiology-4 WBC-I Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr

	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1225	1230-1300	1300-1500
FRIDAY 20-01-2017	Pak Studies	Physiology-5 WBC-II Col Amina Nadeem	General Embryology First week of development Maj Rizwan Bashir	Break	Biochemistry -3 Protein chemistry-I Lt Col Sarah Sadiq	Pathology Introduction to the pathological disorder of RBC	Cadet Affairs	Lunch/ Prayer Break

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WEEK – 5

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500
MONDAY 23-01-2017	Class Drill	Break	Anatomy Demonstration Radial Axillary Artery (All Staff)	Biochemistry –I Protein chemistry-II Lt Col Sarah Sadiq	Physiology-1 Inflammation Col Amina Nadeem	Prayer Break	Practical Anat/Physio/ Biochem/Library & Cptr
TUESDAY 24-01-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration Radial, Median & Ulnar Nerve (All Staff)	General Anatomy Gen Anatomy of Lymphatic System Lt Col M Marghoob Khan	Physiology-2 Immunity-I Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr
WEDNESDAY 25-01-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Dissection Ulnar nerve (All Staff)	Biochemistry -2 Tutorial Chemistry of Protein Dr Aneela Rasul	Physiology-3 Immunity-II Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr
THURSDAY 26-01-2017	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Thymus, Immune System Col Khadija Qamar	Physiology-4 Allergy / Hypersensitivity Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr

	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1225	1230-1300	1300-1500
FRIDAY 27-01-2017	Pak Studies	Physiology-5 Blood group-I Col Amina Nadeem	General Embryology Second week of development I Maj Rizwan Bashir	Break	Biochemistry -3 Immunoglobulins Maj Palvasha Waheed	Pathology Allergy / Hypersensitivity	Cadet Affairs	Lunch/ Prayer Break

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WEEK – 6

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500	
MONDAY 30-01-2017	Class Drill	Break	Anatomy Demonstration/ Dissection Hand-I (All Staff)	Biochemistry-1 Chemistry of Protein-IV Maj Palvasha Waheed	Physiology-1 Blood group-II Col Amina Nadeem	Prayer Break	Practical Anat/Physio/ Biochem/Library & Cptr	
TUESDAY 31-01-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Hand-II (All Staff)	General Anatomy General Anatomy of Nervous System I Lt Col M Marghoob Khan	Physiology-2 Transfusion Reaction Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr	
WEDNESDAY 01-02-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Wrist Joint (All Staff)	Biochemistry-2 Tutorial Chemistry of Protein Dr Farzana Hakim	Physiology-3 Transport across cell membrane-I Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr	
THURSDAY 02-02-2017	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Lymph node, tonsil, spleen Col Khadija Qamar	Physiology-4 Transport across cell membrane -II Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr	
FRIDAY 03-02-2017	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1225	1230-1300	1300-1500
	Pak Studies	Physiology-5 RMP Lt Col Alamgir Khan	General Embryology Second week of development II Maj Rizwan Bashir	Break	Biochemistry-3 Haemoglobin Maj Syed Zubair Hussain Shah	Path Hematologist Transfusion reactions	Cadet Affairs	Lunch/ Prayer Break

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WEEK – 7

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500
MONDAY 06-02-2017	Class Drill	Break	Anatomy Demonstration/ Dissection Blood supply (All Staff)	Biochemistry-1 Porphyrins Maj Syed Zubair Hussain Shah	Physiology-1 Action Potential-I Lt Col Alamgir Khan	Prayer Break	Practical Anat/Physio/ Biochem/Library & Cptr
TUESDAY 07-02-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Lymphatic drainage of upper Limb (All Staff)	General Anatomy General Anatomy of Nervous System II Lt Col M Marghoob Khan	Physiology-2 Action Potential-II Lt Col Alamgir Khan		Practical Anat/Physio/ Biochem/Lib & Cptr
WEDNESDAY 08-02-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Dermatomes of upper limb (All Staff)	Biochemistry -2 Tutorial Porphyrins Capt Naeema Ahmed	Physiology-3 Propagation of action potential Lt Col Alamgir Khan		Practical Anat/Physio/ Biochem/Lib & Cptr
THURSDAY 09-02-2017	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Neuron, nerve, ganglia Col Khadija Qamar	Physiology-4 Skeletal muscle-I Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr

	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1225	1230-1300	1300-1500
FRIDAY 10-02-2017	Pak Studies	Physiology-5 Skeletal muscle-II Col Amina Nadeem	General Embryology Third week of development I Maj Rizwan Bashir	Break	Biochemistry -3 Degradation of heme Maj Syed Zubair Hussain Shah	Pathology Adaptive changes. Atrophy and Hypertrophy	Cadet Affairs	Lunch/ Prayer Break

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WEEK – 8

DAY	0800-0920	0920-0940	0945-1105	1110-1200	1205-1255	1255-1325	1330-1500
MONDAY 13-02-2017	Class Drill	Break	Anatomy Demonstration/ Dissection Sub Stage-II (All Staff)	Biochemistry-1 Haemoglobinopathies Maj Syed Zubair Hussain Shah	Physiology-1 NMJ-I Col Amina Nadeem	Prayer Break	Practical Anat/Physio/ Biochem/Library & Cptr
TUESDAY 14-02-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Radiology and Surface marking (All Staff)	General Anatomy Muscular System Lt Col M Marghoob Khan	Physiology-2 NMJ-II Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr
WEDNESDAY 15-02-2017	BMS CBL Session Anat/Physio/ Biochem		Anatomy Demonstration/ Dissection Revision (All Staff)	Biochemistry-2 Tutorial Prophyrins and Hemoglobin Dr Aneela Rasul	Physiology-3 Smooth Muscle-I Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr
THURSDAY 16-02-2017	Class Drill		BMS CBL Session Anat/Physio/Biochem (All Staff)	Histology Skeletal & Smooth Muscle Col Khadija Qamar	Physiology-4 Smooth Muscle-II/ Comparison of different muscle types Col Amina Nadeem		Practical Anat/Physio/ Biochem/Lib & Cptr

	0800-0845	0850-0935	0940-1025	1025-1045	1050-1135	1140-1225	1230-1300	1300-1500
FRIDAY 17-02-2017	Pak Studies	Physiology-5 Briefing 1 st Module Test Col Amina Nadeem	General Embryology Third week of development-II Maj Rizwan Bashir	Break	Biochemistry-3 Tutorial Techniques for study of Cell Dr Asifa Majeed	Medicine Introduction to diseases of neuromuscular junction	Cadet Affairs	Lunch/ Prayer Break

1st Module Test

Anatomy	Physiology	Biochemistry	Practicals
20 Feb 2017	22 Feb 2017	25 Feb 2017	27-28 Feb, 01 Mar 2017